

Monday 1st December	Tuesday 2nd December	Wednesday 3rd December	Thursday 4th December	Friday 5th December	Sunday 7th December	Monday 8th December	Tuesday 9th December
<u>SHARED READING</u> Palm Tree Court , 4 Factory Lane, Tottenham, N17 9FL 2pm – 3pm	<u>GRIEF WALK</u> Meeting point is by the Chapel in the Tottenham Cemetery at 11:30am Free lunch at the Antwerp Arms afterwards. Antwerp Arms 168-170 Church Rd, London N17	<u>GRIEF & LOSS SUPPORT GROUP</u> Free drop-in session led by Alison, a trained grief specialist. Hornsey Library , Haringey Park, N8 9JA 11am-12noon	<u>SHARED READING</u> Russell Park Hub Maurice Ave, Noel Park, N22 6PU 11 – 12:30pm	<u>BEYOND GOODBYE</u> Monthly support group hosted by Sweet Mind Nodes Funeral Directors 15 Bounds Green Road, N22 8HE 10 – 12noon	<u>GRIEF WALK</u> Meeting in the Chapel in the Tottenham Cemetery - for those experiencing long-term grief. Refreshments at the Pavilion Café, Bruce Castle , N17 8NU 11 – 12:30pm	<u>STARLING GRIEF TENDING CIRCLE</u> will be running a pop up opportunity to come and meet at the Hornsey Vale Community Centre , 60 Mayfield Rd, N8 9LP 2-4pm	<u>HIGHGATE CEMETERY & WATERLOW PARK REFLECTIVE GRIEF WALK</u> (this is the last reflective walk this year). Length: These walks are usually twice a month on a Saturday morning. The walk begins at Waterlow Park (N6 5HG), and ends in Highgate Cemetery . 11-1:30pm (Approx 2 hours) These walks are usually twice a month on a Saturday morning. Please see the website for upcoming dates. https://reflective-walks.org/
	<u>CHESTNUTS BE-REAVEMENT & GRIEF SUPPORT GROUP</u> Chestnuts Community Centre 280 St Ann’s Road, N15 5BN 11 – 1pm Tel: 020 8442 7640	<u>SHARED READING</u> Marcus Garvey Library 1 Philip Ln, London N15 4JA 2:30 – 4pm					
	<u>SHARED READING</u> Coombes Croft Library , Tottenham High Rd, N17 8AG 3:30 – 5pm Hornsey Library , Haringey Park, N8 9JA 2:30 – 4pm	<u>SHARED READING</u> Abyssinia Court , 107 Weston Park, N8 9PL 3-4pm	<div><h2>NATIONAL GRIEF AWARENESS WEEK</h2><h2>DECEMBER 2025</h2><h2>TIMETABLE OF ACTIVITIES</h2><p>Haringey Reach and Connect is participating in the 2025 National Grief Awareness Week by promoting activities where groups will be discussing</p><h2>LOVE and LOSS</h2><p><i>Creating safe spaces for individuals to openly discuss experiences of Grief, Loss and Bereavement.</i></p></div>				
	<u>CONVERSATION CAFÉ</u> Bringing information and awareness conversations from local End of Life Doulas. Bedale House , 23 Boyton Road, N8 7AZ 2 – 3pm						