



Are you over 50
and living in Haringey?

Would you like support, help or friendship?

Haringey Reach & Connect is a borough wide service providing information and support to local people over 50.

We can help you to:

- Make life better
- Meet new people or reconnect with your community
- Build skills and confidence
- Live independently and safely in your home
- Find places to go and things to do

Call 020 3196 1905 for more information

Join our *Dementia Friendly Drop-in* at:

CHESTNUTS COMMUNITY CENTRE, N15 5BN

Wednesday 19th Apr from 11am – 12.30pm

Wednesday 17th May from 11am – 12.30pm

Wednesday 21st Jun from 11am – 12.30pm