

What have we been up to?

- A Christmas seasonal activities guide was compiled & shared.
- Working in partnership to form 'Haringey Intergenerational Network'.
- November 2024 Team changed from 6 to 5 Community Connectors.
- Bereavement Peer Support, Conversation Café, and Men on the Move were handed on to be continued by volunteers and partners.
- Other highlights included the Conversation Café Christmas Party and the production of Men on the Move short film.



How have we been connecting?

841

Connections
with Haringey
Over 50's
Residents

218

1-1 brief
intervention
referrals

53

Groups
facilitated and
outreach
activities

134

Workshop
participants

What have Haringey residents been saying?

"Wow, thank you so much for coming back to me so promptly. How lucky am I to have found you. Thank you so much for your understanding, it's so nice to speak to someone who just gets it."

"I can't tell you the difference this has made to us."

"You were so patient with me. You didn't give up on me even when I was down
You are a blessing in my life."

What is coming up for Haringey over 50's?

- Look out for the launch of our new Conversation Cafés!
- Women's History Month activities and banner making workshop.
- Partnership with DWP to deliver a series of 50+ workshops.
- Preparations for Haringey's second Age Well Festival in 2025, and you can now read the Haringey Age Well Festival 2024 Report
- Our third Loneliness Awareness Week & how you can get involved.
- Check out the latest compilation of our Activities Guide for Haringey Over 50's.

